

UNITED WAY Meal Kit Drive

SEPTEMBER-NOVEMBER



Rappahannock United Way

PASTA NIGHT ITEMS

Instructions:

Host a drive to collect pantry items that can be used to create healthy, interesting meals. Food pantries often have pasta available, but rarely have the spices and other items that can turn a box of spaghetti into a wonderful family meal.

Collect items and deliver to Rappahannock United Way in time for our December 18th Sort-a-thon event.



Non-Perishable Food Items

- Jars of tomato sauce
- Can of crushed tomatoes
- Olive oil
- Balsamic vinegar
- Parmesan cheese
- Salad croutons
- Red pepper flakes
- Oregano
- Basil
- Minced garlic or garlic powder
- Box of any type of pasta

Sample Kitchen Items

- Strainer
- Pasta pot
- Casserole dish
- Slotted Spoon
- Salad Bowl

DONATE ITEMS OR CREATE A FAMILY MEAL KIT

Visit www.RappahannockUnitedWay.org/Seasons for details!